

Community Life Calendar

Sat Mar 1, 2025

11am - 1pm Hobbies To Learn Instead of Using Your Phone

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Everywhere you go people are on their phones which can lead to safety issues as you are not aware of your surroundings. Being on your phone all the time also impacts how you sleep, what you get done and limits you being with other people. This program will give you ideas on how to cut your phone time done along with hobbies you may want to try instead of being on your phone. We will brown bag our lunch. Cost to attend is free. Sign up for this program if you wish to attend.

Tue Mar 4, 2025

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program. Let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Mar 7, 2025

6pm - 8pm Declutter/ Organization

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Let's start off a new year by gaining control over our spaces. If your home/room is messy you are more likely to feel stressed and can't make decisions. We are going to show you how to get rid of things you do not use and show you ways to keep all your stuff organized. Cost to attend is free. We will brown bag our dinner. Sign up for this program if you wish to attend.

Sat Mar 8, 2025

11am - 1pm Winter Market

Where: Plainfield High School, 105 Putnam Rd, Central Village, CT 06332, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

The Plainfield Agriculture Commission is hosting a Winter Market to show diversity of agriculture in our area. There will be an opportunity to purchase items such as art's & crafts, dairy, baked goods, jewelry, fruits & vegetables and so much more. Cost to get into the market is free however we suggest you bring at least \$20 for any purchases you may want. We will eat our lunch out so we suggest at least \$25.00 for that. Sign up for this program if you wish to attend.

Community Life Calendar

Sun Mar 9, 2025

9am - 11am Volunteers Needed

Where: Niantic, East Lyme, CT, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for Volunteers who could assist us with our first Hartford Marathon Foundations Road Race the O' Niantic 5k. PLEASE DRESS WARM FOR THIS EVENT AS IT IS NORMALLY STILL COLD OUT AND DON'T FORGET YOUR GLOVES. Feel free to wear green or any ST Patrick's Day items you have to get into the spirit of the event. Sign up for this program if you wish to volunteer.

Tue Mar 11, 2025

6pm - 7pm Men's group

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This program is offered to men only. It will act as a support group for men to talk about their strengths, successes and challenges. Come to this group and support each other. Sign up and we will send you a link to attend.

Fri Mar 14, 2025

6pm - 8pm Rubber Duck Cleaning

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Our group is working with the Greater Norwich Area Chamber of Commerce to get their Ducks in a row for their Annual Duck Race this year in June. We will be cleaning, sorting and numbering the ducks for this years event. Sign up for this program if you wish to give back to your community. We will brown bag our dinner.

Sat Mar 15, 2025

10am - 12pm Library Day

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to spend a cold winter's morning at the library in our community. Libraries hold a wide variety of books, magazines, audiobooks and games. Come and read a book, listen to a book, learn something new or look up places you may want to visit. We will eat our lunch at home. Sign up for this program if you wish to attend. If you plan on listening to a book or music be sure to bring your own headphones.

Tue Mar 18, 2025

5pm - 6pm Voices

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this program sign up.

Community Life Calendar

Wed Mar 19, 2025

6pm - 7pm Self Advocacy

Where: ZOOM

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come join our Self Advocacy Group. Self Advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this program and we will send you a link to attend.

Fri Mar 21, 2025

6pm - 8pm Spring Craft

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be making an Spring craft for an event and also a craft for you to take home. Cost for supplies is \$6.00. We will brown bag our dinner. Sign up for this program if you wish to attend.

Sat Mar 22, 2025

11:30am - 3pm Yale Peabody Museum

Where: 170 Whitney Ave, New Haven, CT 06511, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

The Yale Peabody Museum is one of America's most historic museums. You will see and learn about dinosaurs and how they changed our society. You will also learn about the Redwolf, Snow Leopards and so much more. Cost to get into the museum is free. We will stop for lunch and suggest at least \$25.00 for that. Sign up for this program if you wish to attend.

Tue Mar 25, 2025

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

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Fri Mar 28, 2025

6pm - 8pm Dance Without Limits- East Lyme

Where: East Lyme, CT, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are attending the Dance Without Limits Program. The theme of this months dance is Mardi Gras. You can dress for the theme if you wish to add a little more fun to your night. Cost to attend is \$5.00. There will be pizza and beverages available. Sign up for this program if you wish to attend.

Community Life Calendar

Sat Mar 29, 2025

12:30pm - 3pm The Drowsy Chaperone

Where: Plainfield High School, 105 Putnam Rd, Central Village, CT 06332, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to Plainfield High School to see a Musical The Drowsy Chaperone. Cost for your ticket is \$10.00. There will be refreshments available to purchase. We suggest at least \$10.00 for your snacks Sign up for this program if you wish to attend. We will eat our lunch at home.

Tue Apr 1, 2025

All day No program Staff Development

Tue Apr 1, 2025

Calendar: Community Life Calendar

Created by: Debbie Densmore

Fri Apr 4, 2025

5:30pm - 7pm Fish Fry

Where: 1650 CT-12, Gales Ferry, CT 06335, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to Our Lady of Lourdes Church Hall for their annual Lenten Fish Fry. This is the menu choices: Clam Chowder or Tomato soup Baked or Fried Fish French fries or Sweet Potatoes fries Homemade Coleslaw Two Clam Fritters A brownie for dessert Cost to attend is \$20.00 we would like to tip our Waitress and Waiters so please bring \$3.00 in the exact change for the tip.

Sat Apr 5, 2025

2:30pm - 6:30pm Volunteers Wanted

Where: New London CT

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for Volunteers who want to assist us with feeding those that are less fortunate. Our group preps food, sorts clothing and organizes the tables. Sign up for this program if you wish to give back to your community.

Tue Apr 8, 2025

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

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Community Life Calendar

Fri Apr 11, 2025

6:30pm - 8:30pm Arcade Night

Where: Mohegan Sun, 1 Mohegan Sun Blvd, Uncasville, CT 06382, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We will be going to Cyber Quest to play some games. Come compete with your friends and have some laughs. It is suggested that you bring at least \$25.00 to play the games. We will eat our dinner at home however you should bring additional money if you wish to purchase a snack or beverage while you are there. Sign up for this program if you wish to attend.

Sat Apr 12, 2025

11:30am - 1:30pm Spring Fest

Where: 722 Colonel Ledyard Hwy, Ledyard, CT 06339, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are attending Ledyard's Spring Fest. There will be food trucks, music, petting zoo, a Jeep show along with crafters. Cost to get into the event is free. Please bring money for your lunch and other purchases you may want. We suggest at least \$35.00. Sign up for this program if you wish to attend.

