

Community Life Calendar

Wed Jan 1, 2025

All day Happy New Year- Arc Holiday

Wed Jan 1, 2025

Calendar: Community Life Calendar

Created by: Debbie Densmore

Fri Jan 3, 2025

6:30pm - 9pm Magic Of Lights- Program Rescheduled From Dec See Note Below

Where: Pratt & Whitney Stadium at Rentschler Field, 615 Silver Ln, East Hartford, CT 06118, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Please note that this program was postponed due to weather in December. I am sorry to say that this program is full. People that signed up in December to attend will still be going and if this new date does not work for you please let us know as it will open up a seat for others. We are going to a drive-through holiday wonderland light experience. This is a magical light display that is over a mile long. You will see a Winter Wonderland, 12 Days of Christmas, Toyland and much more. We will be stopping for a fast food dinner before we drive through the light display. Please bring \$20.00 for your dinner. Cost to attend the light display is \$6.00 per person. PLEASE HAVE THE EXACT AMOUNT OF MONEY TO GIVE YOUR DRIVER AS THEY WILL NOT BE ABLE TO MAKE CHANGE FOR YOU. Sign up for this program if you wish to attend.

Sat Jan 4, 2025

2:30pm - 6:30pm Volunteer

Where: New London CT

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are looking for volunteers who want to assist us with feeding those that are less fortunate. Our group preps food, sorts clothing and organizes the tables. Sign up for this program if you wish to give back to your community.

Tue Jan 7, 2025

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program. Let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Jan 10, 2025

6pm - 8:30pm Law Enforcement Appreciation

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

January 9th is Law Enforcement Appreciation Day so we are looking for folks who would like to come and make some treats and cards for our local enforcement members. This is a great way to let them know we are thinking of them and to show appreciation for all that they do. Cost to attend is free as we have all the supplies needed for the treats and cards. Please brown bag your dinner. Sign up for this program if you wish to attend.

Community Life Calendar

Sat Jan 11, 2025

11am - 1pm Windham Theatre Guild- Indoor Tag Sale

Where: 779 Main St, Willimantic, CT 06226, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

- The Windham Theatre is a non-profit organization that has been producing community theatre since 1985. This yard sale is a benefit for this great art venue. Come to this program and look for that special treasure you didn't know you needed. Cost to attend is free however we suggest you bring at least \$20.00 for your purchases. We will stop for lunch and suggest at least \$25.00 for that. Sign up for this program if you wish to support your local arts programs.

Mon Jan 13, 2025

6pm - 7pm Men's group

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This program is offered to men only. It will act as a support group for men to talk about their strengths, successes and challenges. Come to this group and support each other. Sign up and we will send you a link to attend.

Wed Jan 15, 2025

6pm - 7pm Self Advocacy

Where: ZOOM

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come join our Self Advocacy Group. Self Advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this program and we will send you a link to attend.

Fri Jan 17, 2025

6pm - 8pm Adaptive Dance Class

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Our favorite Dance Teacher (Christine Finch) will be here to teach us some dance steps and once we have mastered the steps we will put the steps together to make a dance. Cost to attend is \$5.00. Please have the exact change as the driver will not be able to make change for you. We will eat our brown bag dinner after our dance class. Please bring extra water to drink while dancing. Sign up for this program if you wish to attend.

Sat Jan 18, 2025

1pm - 3pm Puzzle Tournament

Where: 8 Linwood Ave, Colchester, CT 06415, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Do you enjoy doing puzzles then this program is for you. We will form a team of folks that will challenge others in the community to see who can complete the puzzle first. Cost to attend is free. We will eat our lunch at home. Sign up for this program if you wish to have a fun day with others from your community.

Community Life Calendar

Mon Jan 20, 2025

All day Arc Holiday- Martin Luther King Jr Day

Mon Jan 20, 2025

Calendar: Community Life Calendar

Created by: Debbie Densmore

Tue Jan 21, 2025

5:30pm - 6:30pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program. Let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Jan 24, 2025

6pm - 9pm Movies

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to the movies. Cost for the movie and snacks will vary depending on which theater we will go to. We would like to suggest at least \$35.00 for your movie and snack. Program times may not be exact at the time of this calendar going out so we will reach out to you once we know what movie theaters we are going to. Sign up for this program if you wish to attend.

Sat Jan 25, 2025

12pm - 2pm Cooking Program

Where: The Arc Eastern Connecticut, 52 Sacred Heart Dr Building 2, Groton, CT 06340, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are going to teach you how to make a simple lunch or dinner recipe which is Pigs in a Blanket with Coleslaw. We will have this to eat for our lunch. Cost for supplies is \$10.00. Sign up for this program if you wish to attend.

Tue Jan 28, 2025

5pm - 6pm Voices

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this program sign up.

Community Life Calendar

Fri Jan 31, 2025

6pm - 8:30pm Goal Setting for New Year

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Setting goals for a new year helps you have a fresh start on what positive changes and personal growth things you would like to do in the coming year. We will give you ideas on things you might want as goals and then you will make a vision board to remind you of all the things you want to accomplish in the New Year. Cost to attend is free. We will brown bag our dinner and eat before we make our vision boards. Sign up for this program if you wish to attend.

Sat Feb 1, 2025

8:30am - 9:30am Ledyard Congregational Pancake Breakfast

Where: Ledyard Congregational Church, 722 Colonel Ledyard Hwy, Ledyard, CT 06339, USA

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

We are attending a community pancake breakfast at the Ledyard Congregational Church. Cost to attend is \$10.00 which is a donation that will benefit the Ledyard Little League. Sign up for this program if you wish to attend.